



# Caregiver Support Resources



  
*by* Full Circle: End-of-Life Doula Services



## Kansas City Resources

### **Sandwiched KC**

Non-profit organization  
(816) 472-9178

[Website](#)

Services include

- Caregiver support groups
- Educational workshops
- Caregiver respite fund
- Resource guide
- Virtual support
- In-person support
- Caregiver talks

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### **Alzheimer's Association – Heart of America Chapter**

Non-profit organization  
(913) 831-3888

[Website](#)

Provides

- Dementia caregiver support groups
- Education classes
- Care consultations
- 24-hour helpline
- Community Resource Finder
- Online caregiver community

Excellent for anyone caring for someone with memory loss.

## **Northland Shepherd's Center**

Social services organization

(816) 452-4536

[Website](#)

Offers

- Caregiver support groups
- Respite opportunities
- Transportation
- Meals
- Resource navigation
- Volunteer assistance

Especially helpful for Clay and Platte County families.

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## **KC Shepherd's Center**

Social services organization

(816) 444-1121

[Website](#)

Provides

- Older adult support
  - Wellness programs
  - Community resources
  - Caregiver education
  - Benefits assistance
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## **Wyandotte/Leavenworth Area Agency on Aging**

(913) 573-8531

[Website](#)

Offers

- Caregiver support
  - Long-term care planning
  - Benefits counseling
  - Resource navigation
  - In-home services referrals
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## **KU Alzheimer's Disease Research Center**

(913) 588-0555

[Website](#)

Provides

- Memory evaluations

- Dementia education
  - Caregiver support
  - Clinical trials
  - Educational programming
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## **Parkinson's Connection by John Knox Village**

(816) 347-2378

[Website](#)

Offers:

- Parkinson's caregiver groups
  - Education
  - Exercise programs
  - Wellness classes
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## **The Carousel Adult Day Care**

Adult day care center

(816) 920-7003

[Website](#)

Provides daytime supervision that allows caregivers to:

- Work
- Attend appointments
- Rest
- Prevent burnout