

For Individuals & Families Facing a Life-Limiting Condition

Books

[7 Lessons for Living from the Dying: How to Nurture What Really Matters](#) (2020) / Dr. Karen Wyatt
[Aftershock: What to Do When the Doctor Gives You--or Someone You Love--a Devastating Diagnosis](#) (2007) / Jessie Gruman
[A Beginner's Guide to the End: Practical Advice for Living and Facing Death](#) (2019) / Dr. BJ Miller and Shoshana Berger
[LGBTQ+ edition of Caring is Not Enough: A Workbook for Emergency and End-of-Life Planning](#) (2013) / Terry Ann Black, RN
[Death is But a Dream: Finding Hope and Meaning at Life's End](#) (2020) / Dr. Christopher Kerr
[Five Invitations: Discovering What Death Can Teach Us About Living Fully](#) (2017) / Frank Ostaseski
[For You When I'm Gone: Twelve Essential Questions to Tell a Life Story](#) (2022) / Steve Ledder
[The Four Things that Matter Most](#) (2014) / Dr. Ira Byock
[Life After the Diagnosis](#) (2017) / Dr. Steven Z. Pantilat
[Life's Last Gift: Giving and Receiving Peace When a Loved One is Dying](#) (2017) / Dr. Charles Garfield
[The Places that Scare You: A Guide to Fearlessness in Difficult Times](#) (2005) / Pema Chodron
[Soulbroken: A Guidebook for Your Journey Through Ambiguous Grief](#) (2022) / Stephanie Sarazin
[Talking About Death Won't Kill You: The Essential Guide to End-of-Life Conversations](#) (2018) / Dr. Kathy Kortés-Miller
[We All Know How This Ends: Lessons About Life and Living from Working with Death and Dying](#) (2021) / Anna Lyons & Louise Winter

Website & Multimedia

[The End of Life Deck](#) - conversation cards
[Ethical Will Worksheet](#) / everplans
[Find Advance Directive Forms by State](#) / AARP
[Dianne Gray: Advocacy at End of Life](#) / When You Die - podcast episode
[Go Wish](#) - conversation cards
[Guide to Advance Directives](#) / HealthInAging.org
[How Do We Love Well at the End](#) / Final Exit Network
[A Practical Guide to Psychiatric Advance Care Directives](#) / SAMHSA
[Resources for Serious Illness & End-of-Life Care](#) / CaringInfo.org